Best Practice – 1

Title: Best out of waste - Regard before You Discard

Objectives

- To combat the huge threat posed by the waste.
- To develop the ability to think and create something out of the box.
- To involve students in an extra-curricular activity with exclusive cognitive tool.
- To explore the environmental concepts and actions which are beyond the curriculum and syllabus.
- To create awareness among students to reuse the waste products in best possible manner.
- To achieve the goal of preserving the nature.

The Context

With an approach to redress the issue of Environmental degradation through the depletion of resources; the destruction of eco-systems; habitat destruction ; the extinction of wild life and pollution - it is high time to combat pollution as the planet is on the verge of global calamity. The choices we make today will define our collective future. The choices may not be easy but through awareness, creativity, and innovative strokes, adversity can be evolved into opportunity. At the dawn of new millennium, we owe the responsibility of thinking out of box and work towards sustainable development.

The Practice

This practice of forging waste into something creative enriches the Institution; adds aesthetic touch and rejuvenate the ambience of the College. Recycling and Reusing the valuable waste can result in fantastic and usable products rather than putting this waste material into landfills. The innovative and creative ideas will not only be of economic and material value for students but will also be helpful in creating Environmental Consciousness. The need of the hour is 'Regard before you Discard'. The students of the College volunteer to be part of this practice, with the brimming innovative ideas to be forged into reality forms the core of this team. The work strategy to achieve the desired goal is as under:

a) Collecting waste material to be used in this creative enterprise

Old newspapers, cardboard, old tyres, CD's and DVD's, dry stems of plant and trees, jute rope, plastic bottles etc. can be fabricated into beautiful art pieces i.e.

• Photo frames, paper bags, pen stand, wall decoration pieces from old newspaper and cardboard.

- Wall decors by painting old CD's and DVD's.
- Enhancing the College ambience by transforming the old tyres into beautiful art pieces.







b) Exhibit and Earn

Forging the 'Waste into Wow' provides an opportunity to display their talent where students can earn and exhibit by exhibiting eye-catching art pieces. Students not only get appreciation for their hard work and environmental consciousness but also gain money by selling their creative collection.

c) Mindful odyssey of creativity to add aesthetic charm to College premises

The Creative mind has the 'Midas Touch' of transforming 'Raw into Rare' – with this zeal our students and faculty contributes selflessly towards environmental consciousness.

Earmarking the places to be beautified

The college has wide green cover which is adorned by using old tyres, stone paintings, and placing them on various spots to attract, appreciate and to draw inspiration.

Other main attraction of the Campus is 'Vertical Garden', a maiden attempt, one of its kind, made by our faculty member, Dr. Nazia Rasool, by using plastic bottles as planters. The hard work put in by the students and faculty tells its own saga of creation through impressive eye-catching view.





Evidence of Success

- Optimum use of waste material through the innovative ideas.
- Clean and beautiful surroundings with serene atmosphere.
- Grooming the students through creative capability by giving wings to their imagination.
- Vertical Garden in our Institution is one of its kind a unique idea floated by Dr. Nazia Rasool . an environmentalist to be applied in Jammu Smart city project.

Problems encountered and resources required

During this promethean adventure, we also encountered some issues like -

- Motivating students to be part of this enchanting and appealing odyssey.
- To make a balance between field work and regular studies.
- Convincing the parents about this unique effort of saving environment.

Young minds are more creative and energetic. Being the Torch-bearers of this journey, they must come forward voluntarily – by choice, to propagate the message 'REGARD BEFORE YOU DISCARD'.

Best Practice – 2

Title: Break the Shell: Rise out of Cocoon

Objectives

- The Institution believes in working together, to allow the students to share the responsibilities and support each other to be the pacesetter of 'New India'.
- Seeking students' cooperation for smooth administration and for more sustainable career opportunities.
- Participation of girls in power structure will add dynamism to their personality and make them confident enough to face challenges of life.
- To involve them in administrative enterprises, to keep up the transparency of policies and decisions made in their favour.

The Context

It is important to recognize that women representation is not the only factor, rather, it is crucial entity for the development of inclusive, responsive and transparent democracies. The education provided to girl students empowers them to break the shell of being inferior, second gender, peripheral not the center and inculcates the spirit of rising like a phoenix charged to take lead and work for the betterment of Institution in particular, and society in general. The active student participation in policy making of Institution will restrict the dramatic under-representation of girls as leaders.

The Practice

This Practice is observed in the College by entrusting and involving the girl students – dynamic youth into academic, administrative and cultural affairs to keep up the transparency in policy framing and sharing the responsibilities. By giving the reins in the hands of young women leaders, we empower them to decide, act and get equal opportunities in the society. In one such practice, the Institution elects a student' council to lead and transform the vision into reality.

Investiture Ceremony – 'Crowning the leaders'

The Ceremony of Investiture is symbolic of a myriad of different important aspects of human life – growth, maturity, belief, faith, duty and sincerity. These solemn aspects gain heightened gravity when it is invested with the power to lead, the power to change, the power to amend, the power to guide, and most importantly the power to learn. The students are elected as President, Vice-President, Secretary, Joint-Secretary, and Treasurer to execute various duties given to them and uphold the motto of loyalty, truth and honor. Students' council actively helps in –

- Dissemination of Information
- Maintaining Discipline and Order.
- Active participation in various literary and cultural Programs.
- Acts as a bridge between students and teachers.
- As a mouth-piece for all the students.

Thus, true leaders create a legacy that inspire others to dream more, learn more, do more, and become more. Amidst the most uncertain circumstances – the Covid-19 Pandemic, this spirit of discipline paved the way for successful execution of various e-Programs like "Streedum'20", UPSC Webinar etc.





National Cadet Corps - 'Charisma of Uniform'

The NCC wing of the college is actively molding the character of our girl students in the furnace of hard work with the motive of transforming them into visiosnary leaders of tomorrow. The aura and pride they carry along is enough to erase the dark patches of patriarchal mindset. The education and opportunities provided to them forms the base of their flight – to fly high in the sky of freedom where they have their own 'Sun of Success'.



Sports - 'Spirit of Never Quitting'

The Institution leaves no stone unturned to encourage our girl students to make their mark in the sports field. It not only improves their physical strength but also enhances social relationships, thereby, making them emotionally strong, helping in building skills, increasing their self-confidence, upgrading communication skills and paving the way towards great career in sports. With such spirit of never quitting, we are determined to attain 'El Dorado.



Evidence of Success

- The College presidium is smoothly executing all the duties entrusted upon them i.e. information regarding Examination, duties during vaccination drives, organizing and ensuring participation in all the literary / cultural programs.
- The NCC cadets are actively participating in all the activities and making the Institution proud. Many of them had followed their heart by choosing passion as profession and joined Indian Army and Air force.
- Our girl students brought laurels to the college in sports as well. We work towards making History, to navigate the ship of success amidst the tempest.

Problems Encountered and Resources Required

- Choosing leaders to entrust upon from such a large no. of students for smooth administration.
- Orienting the parents to upgrade their mindset and allow girls to be the part of mainstream.
- Motivating girls to come out of their cocoons and to explore the mysteries of their own existence.

The quest for knowing the unknown, to explore the powers within will never end. With this approach, we will tread on the path less travelled by ---

"Two roads diverged in the wood, and I-

I took the one less travelled by,

And that has made all the difference." **____Robert Frost**