## Typical spoilage microorganisms in cereals



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## INTRODUCTION

- Cereals are one of the most important sources of food (FAO, 2002), which have contributed to human nutrition for millennia.
  However, cereals are exposed to numerous biotic and abiotic stress factors, from cultivation and throughout their life cycle to processing.
- Toxigenic fungi are a major problem in cereal crops as they produce a multitude of toxic metabolites contaminating plants and food products.

## ABOUT CEREAL

- The major cereal crops produced worldwide are wheat (*Triticum* spp.), rice (*Oryza* spp.), maize (*Zea mays* L.), and barley (*Hordeum vulgare* L.) (USDA, 2013).
- Other cereals include millet, sorghum, rye, oat and triticale.
- Maize ranks first in quantity produced and cultivation area of cereals worldwide, followed by wheat, rice and barley.
- Cereals are important in human nutrition as a source of protein, dietary fiber, and carbohydrates, as well as providing such as, magnesium, zinc, and micronutrients E and B complex-vitamins (McKevith, 2004).

## ABOUT CEREAL

- Cereals are also used to produce oils, starch, flour, sugar, syrup, malt, alcoholic beverages, gluten and renewable energy.
- Indigenous microbiota in cereal grains consists of virus, bacteria, filamentous fungi, yeast, slime moulds and protozoa.
- Cereal grains are exposed to contaminations in the field from several sources (water, composted manure, soil, etc.), during cultivation, harvest, storage, and transport.

 Common phytogenic microorganisms include bacteria (e.g. Pseudomonadaceae, Micrococcaceae, Lactobacillaceae and *Bacillaceae*), **yeasts** (e.g. Candida, Cryptococcus, Pichia, Sporobolomyces, Rhodotorula, *Trichosporon*) and **filamentous** fungi (e.g. Alternaria, Aureobasidium, Cladosporium, Epicoccum, Fusarium, Helminthosporium, Claviceps).

- Additionally, potential secondary infections can occur post-harvest. Grains can be contaminated during cleaning, milling, grading or packaging processes (from residues in containers, equipment, screw-conveyors, etc).
- Common microorganisms infecting grains in storage include xerophilic Aspergillus glaucus group, and Penicillium spp., where the most important parameter for mould germination is the minimum aw of 0.68 (14% moisture) (Lacaet al., 2006; Laitila, 2007; Noots et al., 1999).

- After processing, the main spoilage fungi affecting cereal products belong to the genera *Aspergillus, Penicillium*, and *Fusarium*.
- Filamentous fungi are a main safety concern due to the production of mycotoxins accumulated in grains pre- and post-harvest, which are associated with severe health problems.
- Mycotoxins can be carcinogenic, mutagenic, genotoxic, teratogenic, neurotoxic, and oestrogenic, including reproductive and developmental toxicity (Fung and Clark, 2004; Jestoi, 2008; Köppen et al., 2010).

- High incidence of mycotoxin infections in cereals have been observed worldwide (Placinta et al., 1999), in different crops and regions (Manthey et al., 2004; Warzecha et al., 2011).
- Mycotoxins, such as *Fusarium* toxins, *Alternaria* toxins, and the **ergot alkaloid groups**, are common contaminants of cereal grains (Pleadin et al., 2012; Roscoe et al., 2008; Santos et al., 2012).

 Table shows the most common mycotoxins detected in cereals and its health effects for humans and animals. Over the last two years, contaminations in cereals and bakery products by **aflatoxins** (48%) and ochratoxin A (OTA) (14%), by Aspergillus species, and deoxynivalenol (DON) (21%) and fumonisins (13%), by *Fusarium* species, were record (RASFF, 2012).

Mycotoxin	Fungi source	Cereal crops	Health effects in humans and animals	LD <sub>50</sub> (mg.kg <sup>-1</sup> )
$\begin{array}{l} A flatoxins \\ (B_1, B_2, G_1, G_2) \end{array}$	Aspergillus (flavus, bombycis, nomius, ochraceoroseus, parasiticus, parvisclerotigenus, pseudotamarii, rambellii, toxicarius); Emericella (astellata, olivícola)	Maize	Potent carcinogens, neurotoxins and immunosuppressants. Aflatoxicosis: death due to consumption of contaminated food; liver disease and cancer in humans and animals; hydroxylated aflatoxin metabolites (M1 and M2) found in milk.	AFB <sub>1</sub> Mice: 9.0 <sup>p.o.</sup> Rabbit: 0.3 <sup>p.o.</sup> Dog: 0.5 – 1.0 <sup>p.o.</sup>
Alternaria alternata lycopersici (AALs)	Alternaria (alternata, triticina, arborescens, cucumerina, dauci, kikuchiana, solani)	Wheat, barley, oat	Carcinogenic; might be responsible for oesophageal cancer. Experiments with rodents indicate the following mycotoxin acute toxicity: altenuene (ALT) > (tenuazonic acid) TeA > (alternariol monomethyl ether) AME > (alternariol) AOH.	AME, AOH Mice: 400 <sup> i.v.</sup> TeA Mice: 162 – 115 <sup> i.v.</sup> , 225 <sup> p.o.</sup> ALT Mice: 50 <sup> i.v.</sup>
Avenacein Y	Fusarium (avenaceum, chlamydosporum, lateritium, tricinctum)	Wheat	Significant antibiotic properties against phytopathogenic bacteria with low cell toxicity.	Not available
Butenolide	Fusarium (avenaceum, crookwellense, culmorum, graminearum, poae, sambucinum, sporotrichioides, tricinctum, venenatum)	Broad	Associated with cattle diseases, synergistic effects with enniatins B.	Mice: 44 <sup>1.p.</sup> , 275 <sup>p.o.</sup>
Citreoviridin	Aspergillus terreus; Eupenicillium cinnamopurpureum; Penicillium (citreonigrum, manginii, miczynskii, smithii)	Rice	Possibly involved in acute cardiac beriberi, sporadically associated with yellow rice disease.	Mice: 7.5 <sup>1p</sup> , 20 – 29 <sup>p.0</sup> , 11 s.c.
Citrinin (CTN)	Aspergillus (terreus chemotype II, carneus, niveus); Blennoria sp.; Clavariopsis aquatic; Monascus ruber; Penicillium (manginii, chrzazszii, citrinum, expansum, odoratum, radicicola, verrucosum, westlingii)	Broad	Potent nephrotoxin.	Mice: 35 – 58 <sup> ip.</sup> , 110 <sup>p.o.</sup> Rat: 50 <sup>p.o.</sup> Rabbit: 19 <sup>ip.</sup>
Culmorin and derivates	Fusarium (crookwellense, culmorum, graminearum, langsethiae, poae, sporotrichioides)	Broad	Synergistic effect with DON towards caterpillars.	Low toxicity in <i>in vitro</i> assays
Cyclochlorotine	Penicillium islandicum	Rice	Chlorine containing cyclic peptides associated with yellowed rice toxicosis.	Mice: 0.3 <sup>1p., 1V.</sup> , 6.5 <sup>p.o.</sup> , 0.48 s.c. Rat: 50 <sup>ip.</sup> , 5 <sup>p.o.</sup> , 0.4 <sup>s.c.</sup>
Cyclopiazonic acid	Aspergillus (flavus, lentulus, oryzae, parvisclerotigenus, pseudotamarii, tamarii); Penicillium (camemberti, commune, dipodomyicola, griseofulvum, palitans)	Broad	Potent organ damaging calcium chelating mycotoxin; produces focal necrosis in most vertebrate inner organs.	Rat: 2.3 <sup>ip</sup> , 36 – 63 <sup>p.0</sup>

Deoxynivalenol (DON) and derivatives	Fusarium (culmorum, graminearum, pseudograminearum)	Broad	Nausea, vomiting and stomach pains; chronic and fatal toxic effects. At the cellular level, the main toxic effect is the inhibition of protein synthesis via binding to ribosome.	Mice: 49 – 70 <sup> rp</sup> , 46 – 78 <sup>pa</sup> Duckling: 27 <sup> sc</sup> Chicks: 140 <sup>pa</sup>
Diacetoxyscirpe nol (DAS)	Fusarium (venenatum, poae, equiseti, sporotrichioides, langsethiae, sambucinum)	Broad	Effects in immune system, inhibits initiation of protein synthesis, killing rapidly proliferating cells.	Mice: 23 <sup>1p</sup> Rabbit: 1.0 <sup>1n</sup> Swine: 0.37 <sup>1n</sup>
Enniatins (ENNs) (A, A1, B, B1) and cyclic peptides	Fusarium (acuminatum, avenaceum, langsethiae, lateritium, poae, sambucinum, sporotrichioides); Halosarpeia sp.; Verticillium hemipterigenum	Broad	Antibiotic and ionophoric activity. Induction of apoptosis. Enniatin B often occurs together with enniatin B1 and A.	Mice: 10 – 40 <sup>ip</sup> (death within 2 – 5 days)
Ergot alkaloids (ergolines)	Claviceps (fusiformis, paspali, purpurea)	Rye	Ergotism in human and animals, ergot alkaloids cause vasoconstriction and neurotoxicity including hallucinations.	Ergometrine Mice: 160 <sup>iv.</sup> , 448 <sup>p.a.</sup> Rabbit: 3.2 <sup>iv.</sup> Ergotamine Mice: 265 <sup>iv.</sup> Rabbit: 3 <sup>iv.</sup> , 550 <sup>p.a.</sup>
Fumonisins $(B_1, B_2, B_3)$	Fusarium (anthophilum, dlamini, napiforme, nygamai, proliferatum, thapsinum, verticillioides)	Maize, millet, sorghum, rice	Interfere with some steps that contribute to cell growth. Weak link with increased risk of throat cancer. Affect nervous system of horses.	F. verticillioides extract Mice: $45.4 - 51.7^{\text{tp}}$ , > 1000 Chicks: $81 - 88^{\text{ip}}$
Fusaproliferin (FUS)	Fusarium (globosum, guttiform, proliferatum, pseudocircinatum, pseudonygamai, subglutinans, verticillioides)	Maize	Recent mycotoxin which shows teratogenic and pathological effects in cell assays. Toxic in <i>in vitro</i> trials to brine shrimp and mammalian cells.	Not available
Fusarenon-X (FUS-X)	Fusarium (culmorum, graminearum, cookwellense, poae, nivale, equiseti, tricinctum)	Rice, wheat	It is toxic to murine thymocytes, lymphocytes and gastric epithelial cells and to human hepatoblastoma cells, acute toxic effects on gastric epithelial cells in animals such as vomiting.	Mice: 4.5 <sup>p.a.</sup> Rat: 4.4 <sup>p.a.</sup>
Moniliformin (MON)	Fusarium (avenaceum, napiforme, nygamai, oxysporum, proliferatum, subglutinans, tricinctum, thapsinum, verticillioides)	Corn, sorghum, millet, rice	Cytotoxic, inhibits protein synthesis and enzymes, chromosome damages, induce heart failure in mammals and poultry.	Mice: 21 – 29 <sup>1p</sup> Rat: 42 – 50 <sup>ip</sup> Chicks: 5.4 <sup>p.o.</sup>
Nivalenol (NIV)	Fusarium (graminearum, poae, culmorum, venenatum, equiseti, crookwellense)	Broad	Hormone (oestrogen) mimic, limited evidence of genotoxicity. Estrogenic toxin affects reproduction. Inhibition of protein synthesis.	Mice: 4.1 <sup>rp.</sup>
Ochratoxin A (OTA)	Aspergillus (carbonarius, cretensis, flocculosus, lacticoffeatus, niger, ochraceus, pseudoelegans, roseoglobulosum, sclerotioniger, sclerotiorum, steynii, sulphureus, westerdijkiae); Neopetromyces muricatus; Penicillium (nordicum, verrucosum); Petromyces (albertensis, alliaceus)	Rice, wheat	Toxic to the kidneys (nephrotoxic) and the immune system, it is classified as a probable human carcinogen. Neurotoxins and immunosuppressants.	Mice: 22 – 40 <sup>1p</sup> , 26 – 34 <sup>1v</sup> , 46 – 58 <sup>p.o.</sup> Rat: 12.6 <sup>ip</sup> , 20 – 30 <sup>p.o.</sup> Chicken/swine: 2.1 – 4.7 <sup>p.o.</sup>
Patulin	Aspergillus (clavatonanica, clavatus, giganteus, longivesica, terreus); Byssochlamys nivea; Penicillium (carneum, clavigerum, concentricum, coprobium,	Rye, rice	Very toxic with various toxic effects; can harm the immune system and gastrointestinal tract.	Rat: 5 – 15 <sup>1p</sup> , 15 – 25 <sup>1v</sup> , 25 – 46 <sup>p.o.</sup> Mice: 7.6 <sup>ip.</sup>

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	dipodomyicola, expansum, formosanum, gladioli, glandicola, griseofulvum, marinum, paneum, sclerotigenum, vulpinum)			
Penitrem A	Penicillium (clavigerum, crustosum, glandicola, janczewskii, melanoconidium, tulipae)	Broad	Mycotoxic indol-terpene with tremorgenic properties, implicated with mycotoxicoses of animals, suspected to be implicated in tremors in humans.	Mice: 1 <sup>1.p.</sup>
T-2 toxin and HT-2 toxin	Fusarium (sporotrichioides, langsethiae, poae, sambucinum)	Broad	It is the most toxic of the <i>Fusarium</i> trichothecenes. Interferes with protein synthesis and DNA/RNA synthesis (HT-2 toxin derivate is less toxic).	Mice: 5.2 <sup>1p.</sup> , 5.2 – 10.5 <sup>p</sup> Rat: 5.2 <sup>p.o.</sup> Swine: 1.2 <sup>iv.</sup>
Trichodermin	Trichoderma viride	Wheat, maize	Potent inhibitor of plant growth with several phytotoxic effects. It inhibits wheat coleoptile growth. Inhibits protein synthesis by binding to ribosomes, proposed as antifungal and antineoplastic, used as tool in cellular biochemistry.	Mice: 500 <sup>s.c.</sup>
Zearalenone (ZEA)	Fusarium (graminearum, culmorum, equiseti, crookwellense)	Broad	Estrogenic activity in farm animals and it is implicated in hyperestrogenic syndromes in humans.	Mice: > 500 <sup>1p., p.o.</sup>
Xanthomegnin	Aspergillus (auricomus, bridgeri, elegans, flocculosus, insulicola, melleus, neobridgeri, ochraceus, ostianus, persii, petrakii, roseoglobulosus, sclerotiorum, steynii, sulphureus, westerdijkiae); Microsporon cookie; Neopetromyces muricatus; Penicillium (cyclopium, freii, janthinellum, mariaecrucis, melanoconidium, tricolor, viridicatum); Trichophyton (megninii, mentagrophytes, rubum, violaceum)	Broad	Mycotoxicosis in animals, toxic to liver and kidneys in mammals.	Mice: 450 <sup>p.o.</sup>
<sup>.p.</sup> intraperitoneal a <sup>.v.</sup> intravenous adn	administration;	·		
p.o. oral administrat				

s.c. subcutaneous administration.

#### Aspergillus

- Can live in high **osmotic concentration** (high sugar, salt, etc.) environment
- Like highly aerobic condition
- Use carbon-rich substrates( monosaccharides-glucose, polysaccharide-amylose)
- Live in starchy foods, plants and trees
- *Aspergillus* spp. cause disease on many grain crops, especially maize, and some variants synthesize mycotoxins, including **aflatoxin**.
- Aspergillosis (fever, cough, chest pain, or breathlessness-Pulmonary aspergillosis)



#### Penicillium

- Thallus consists of a highly branched network of multinucleate, septate, usually colorless hyphae
- Many-branched conidiophores sprout on the mycelia, bearing individually constricted conidiospores.
- The conidiospores are the main dispersal route of the fungi, and often are green in color.
- *Penicillium* growth can still occur indoors even if the relative humidity is low.





#### Fusarium

- widely distributed in soil and associated with plants
- Some species produce mycotoxins in cereal crops that can affect human and animal health if they enter the food chain.
- The main toxins produced by these *Fusarium* species are fumonisins and trichothecenes.



#### Alternaria

- The club-shaped spores are single or form long chains.
- Can grow thick colonies which are usually green, black, or gray
- Grow on skin and mucous membranes, including on the eyeballs and within the respiratory tract
- Allergies are common, but serious infections are rare.
- Alternariosis



#### TYPICAL SPOILAGE MICROORGANISMS *Claviceps* (ergot, ergot fungi)

- produces alkaloids that can cause ergotism (convulsive, gangrenous)
- The most prominent member of this group is *Claviceps purpurea* ("rye ergot fungus").
- Claviceps purpurea (on the heads of ryes, Favorable temperatures 18– 30 °C)
- Claviceps africana (infects sorghum, promote secretion of honeydew)



## SUMMARY

- The major cereal crops: wheat (*Triticum* spp.), rice(*Oryza* spp.), maize (*Zea mays* L.), and barley (*Hordeum vulgare* L.)
- Typical spoilage microorganisms: *Aspergillus, Penicillium, Fusarium, Alternaria, Claviceps (genus)*
- Filamentous fungi produces **mycotoxins**.
- Mycotoxins can be carcinogenic, mutagenic, genotoxic, teratogenic, neurotoxic, and oestrogenic.

## CONCLUTION / FURTHER STUDY

- Fungal infections cause quality and quantity losses in the food cereal chain.
- Cereal crop diseases lack effective prevention strategies and cost € billions.
- Antifungal lactic acid bacteria is a suitable hurdle antifungal technology.
- LAB bioprotection can be applied effectively pre-/post-harvest and post-processing.
- Antifungal LAB provides product safety, nutritional, and organoleptic advantages.

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# THANK YOU