# **Bread Types**

Most breads can be categorized as pan breads or hearth breads. However, some breads may be difficult to classify because they exhibit characteristics of more than one category. For example, rye breads can be pan breads or hearth breads. The examples in this document are intended to be general guidelines only.

# Pan Bread

- Baked in a pan in a dry oven
- Soft crust
- Rectangular corners
- Easy to slice
- Known as pan or sandwich breads

# Sandwich Breads

### White

Wheat

Multigrain



- Made from white flour Popular for kids

# **Hearth Bread**

- · Also called Crusty or Artisan Bread
- · Baked in a steamy oven, sometimes directly on the bottom
- Crispy crust
- Round or oblong shape
- Includes French, sourdough, and specialty breads

# **French-Type Breads**



## Ciabatta



# Focaccia

• Available in loaves, rolls, or buns

Thin crispy crust

Chewy interior

Open texture

rolls, or buns

- Flatbread
- Pizza-like, often topped with a variety of ingredients

Available in baguettes, loaves,

· Gets soft chewy texture from olive oil in the dough Interior has big holes

Slightly sweet and sour taste

## **Sourdough Breads**



- Tangy taste from lactic acid produced by bacteria in dough
- Variety of shapes and sizes

# **Rye Breads**

Many rye breads are hearth breads with hard, chewy crusts. Some ryes, however, are sandwich breads with softer crusts. Light Dark

- Medium



- - Dark rye or pumpernickel dough marbled

#### Pumpernickel



- Darkest rye
- Coarser crumb with a dense texture
- Chewy crust
- German pumpernickel is baked in square pans with lids

- Finer crumb than other ryes Mild rye flavor
- Hard, chewy crust

• Crumb similar to

Hard, chewy crust

light rye

- · Dense, chewy texture
- · Taste depends on variety of seeds or unmilled grains

# Made from enriched or whole grain flours Darker and more nutritious









- Coarser crumb,
- densest texture Hard, chewy crust
- with light rye dough



Marble



